



# CLUTCH, NEUTRAL, CRINGEY FIGURE OUTER



Step 1-What was the bigger picture?

My words/behaviors



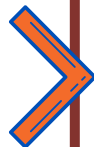
Did my words/behaviors give them clutch, neutral or cringey thoughts?



What did they do/say because of their thoughts?



How I felt about it



Should I to do anything different next time?