

RYAN'S DAILY EXPECTATIONS



Rinse off
plates/glasses and
put in dishwasher



No provoking
brother with 1
reminder



Dirty clothes in
hamper



No lying around
brushing teeth or
washing hair

**If I meet expectations, I earn screen time for
1 hour after dinner.**

**If I don't meet expectations, I get to try again
tomorrow.**



ADHD DUDE



AUSTIN'S DAILY EXPECTATIONS

- ☐ TAKE MEDICINE IN THE MORNING
- ☐ WAKE UP WITH ALARM CLOCK
- ☐ MSG TEACHERS IF I CAN'T FINISH HW
- ☐ NO CURSING/INSULTING BROTHER & SISTER
- ☐ PHONE GOES ON CHARGER IN KITCHEN
AT 9:30 - NO ARGUING

MEETING EXPECTATIONS =
90 MINUTES OF GAMING
TIME TOMORROW

