

Austin's Screen Use Rules and Expectations

These expectations apply to: Xbox, computer games and your phone.



The following daily expectations need to be met in order to have your phone each morning:

- Get up on your own with the alarm clock
- Be downstairs and look like you're ready to leave for school by 7:30
- Make lunch the night before (except on Fridays)
- No saying "shut up" to anyone in the house
- Let us know if you are missing or late on any assignments, no lying about them
- No insulting your brother because he doesn't know something or can't do something you can do

As always, you will have opportunities for a Brain Break if you mess up. If you chose to do these things daily, you chose to have your phone.

Gaming expectations in order to have computer/Xbox access:

- Color in the clock is a requirement for playing either, no exceptions until you show consistently that you can get off on time without an argument
- Game time is one hour on school nights, two hours on weekend days (Vacation days will be discussed in advance)
- No arguing or trying to negotiate for more time as this always leads to an argument

Phone expectations:

- No downloading or using any social media without our approval, or without us being able to see account. Breaking this rule will result in long-term loss of phone.
- We will not read your texts but have access to them.
- Any websites, games, etc. must be appropriate for people under 18.
- Answer our texts within 20 minutes.
- No posting any videos without our approval.

